

**WINTER SPORTS**

**BOY'S SPORTS**

**BASKETBALL**

Head Coach – **OPEN**

**SOCCER**

Head Coach – Gabe Hillman

**WRESTLING**

Head Coach – Kris Hayward

**GIRL'S SPORTS**

**BASKETBALL**

Head Coach – **OPEN**

**SOCCER**

Head Coach – Nick Erickson

**WRESTLING**

Head Coach – Vicki Hayward

**WEIGHTLIFTING**

Head Coach- Jim Meers

***2023 1<sup>st</sup> Practice Dates:***

GIRLS BASKETBALL	Oct. 30th
BOYS BASKETBALL	Oct 30th
GIRLS SOCCER	Oct. 16th
BOYS SOCCER	Oct. 16th
GIRLS WRESTLING	Oct 31st
BOYS WRESTLING	Nov. 6th
GIRLS WEIGHTLIFTING	Oct. 9th

\*Off-Season workouts may vary



**SPRING SPORTS**

**BOY'S SPORTS**

**BASEBALL**

Head Coach- Dereck Conatser

**TENNIS**

Head Coach – Sam Caballero

**TRACK & FIELD**

Head Coach – Nick Masiello

**GIRL'S SPORTS**

**BEACH VOLLEYBALL**

Head Coach- Nancy Eskay

**SOFTBALL**

Head Coach – Jeff Miner

**TENNIS**

Head Coach – Dianira Rivera

**FLAG FOOTBALL**

Head Coach- **OPEN**

**TRACK & FIELD**

Head Coach – **OPEN**

***2024 1<sup>st</sup> Practice Dates:***

- BASEBALL
- SOFTBALL
- TENNIS
- FLAG FOOTBALL
- TRACK & FIELD
- BEACH VOLLEYBALL

\*Off-Season workouts may vary



**ATHLETIC DIRECTOR**

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**Athletic Office: (239) 656-0871**

Participation in athletics is a valuable educational tool that provides lessons in teamwork, sportsmanship, and self-confidence. Research has continually shown that students participating in athletics show higher academic achievement and express greater satisfaction with their school experience.

Colleges and employers look favorably upon a strong co-curricular record as well as upon scholastic achievement. Consider taking advantage of the many athletic opportunities at North Fort Myers High School.

### **PARENT/COACH COMMUNICATION GUIDE**

Both parenting and coaching are extremely difficult endeavors. By establishing a flow of communication, we can provide our student-athletes with a greater experience.

#### *Expected Coach Communications:*

1. Team philosophy
2. Expectations of the student-athlete
3. Team rules / Contract
4. Calendar of all events (In- & Off-Season)
5. Discipline actions

#### *Expected Student-Athlete Communication:*

1. Concerns expressed directly to Coach
2. Notification of schedule conflicts in advance

#### *Appropriate Concerns to Discuss with Coach:*

1. The treatment of the student-athlete
2. Ways to help the student-athlete improve
3. Concern's about your child's behavior

#### *Issues **NOT** to be discussed with Coach:*

1. Playing Time
2. Team Strategy / Play Calling
3. Other Student-Athletes

#### *When you have a concern; Follow Procedure:*

1. Call or email to set up an appointment
2. If the coach can't be reached, call the Athletic Office (656-0871).
3. **NEVER** confront a coach before or after a practice or game. These types of meetings do not promote resolution.

#### **THE NEXT STEP**

What can a parent do if the meeting with the coach did not provide satisfactory resolution:

1. Call to set-up a meeting with the Athletic Director.
2. If this still does not provide a satisfactory outcome, an appointment with the Principal will be scheduled.

#### **NCAA INITIAL ELIGIBILITY**

If you are planning to enroll in college for athletics purposes in Division I or II, you must be certified by the NCAA Clearinghouse. You can go to [eligibilitycenter.org](http://eligibilitycenter.org) to create an account.

- For a specific plan on how to continue playing athletics at the collegiate level, communicate closely with your coach.

#### **ATHLETIC INSURANCE**

- If you have a personal insurance policy, you will indicate that on your Physical Form (EL2)
- You may purchase insurance by going to [www.schoolinsuranceofflorida.com](http://www.schoolinsuranceofflorida.com) or 1-800-432-6915

#### **TRANSPORTATION POLICY**

If your student-athlete is transported to an event by the school, they will return with the team unless written notification is provided 48 hours prior to the event. The student-athlete can **ONLY** be transported by themselves or their parent/guardian

#### **ELIGIBILITY REQUIREMENTS**

1. Maintain an Un-weighted GPA of 2.0 or higher
2. Physical Examination (EL2)
3. Parent Consent NOTARIZED (EL3)
4. Heat & Concussion Waiver (EL3CH)
5. Emergency Card
6. Transportation Waiver Form
7. Birth Certificate on file (copy)
8. Proof of Insurance
9. **Mandatory Safety Course (LINKS BELOW)**  
Heat Illness Prevention from the NFHS Learning Center! <http://nfhslearn.com/courses/61140>  
Concussion in Sports from the NFHS Learning Center! <http://nfhslearn.com/courses/61151>  
Sudden Cardiac Arrest from the NFHS Learning Center! <http://nfhslearn.com/courses/61032>

#### **ATTENDANCE DAY OF PRACTICE OR CONTEST**

Students are required to attend school for a minimum of two [2] full educational blocks in order to participate that day. Unexcused absence for more than half the day will result in the athlete being ineligible for that day's game or practice.

#### **2023-24 TICKET INFORMATION**

Varsity Football Games - \$7.00  
Varsity Football Parking - \$5.00  
All Other Sporting Events - \$5.00  
\* All tickets will be sold on Gofan.  
[www.gofan.co](http://www.gofan.co)

#### **NORTH FORT MYERS ALL-SPORT PASS**

This will get you admission to all Regular season **HOME** sporting events  
PASS - \$60.00- Adult  
\$50.00 - Student  
\* Sport passes can be purchased at the Athletic Office.

#### **FALL SPORTS**

#### **BOY'S SPORTS**

##### **BOWLING**

Head Coach -Eric Brounson

##### **CROSS COUNTRY**

Head Coach – Nick Masiello

##### **FOOTBALL**

Head Coach – David Pasquale

##### **GOLF**

Head Coach – Andrew Pierre

##### **SWIMMING & DIVING**

Head Coach – Courtney Churchill

#### **GIRL'S SPORTS**

##### **BOWLING**

Head Coach –Eric Brounson

##### **CHEERLEADING (Non-Competitive)**

Head Coach – Devin Wylie

##### **CROSS COUNTRY**

Head Coach – **OPEN**

##### **GOLF**

Head Coach – Sam Caballero

##### **SWIMMING & DIVING**

Head Coach – Dianira Rivera

##### **VOLLEYBALL**

Head Coach – Nancy Eskay

#### **2023 1<sup>st</sup> Practice Dates:**

Bowling	July 31st
CROSS COUNTRY	July 31st
FOOTBALL	July 31st
GOLF	July 31st
SWIMMING & DIVING	July 31st
VOLLEYBALL	July 31st

\*Off-Season workouts may vary